



Information and counselling for expats and their family members

For individuals, couples and families

frabina offer legal information and psychosocial counselling for foreigners who have moved to Switzerland for work or study

Our field of experience

- Work and employment
- Social integration and well-being in Switzerland
- Foreigners' law (family reunification, right of residence, work permits)
- Social security
- Couple relationship
- Parenthood and family
- School, care and leisure activities for children
- Leaving Switzerland again

Our specialists give advice

- in German, French, English, Spanish and Portuguese

Consulting offers



Face-to-face counselling

By appointment at our centrally located counselling centers in:

Bern: Kapellenstrasse 24 | **Biel:** Bahnhofstrasse 50
Solothurn: Westbahnhofstr. 12 | **Olten:** Marktgasse 34



Counselling by phone

0900 81 27 01 (CHF 2.20/min.)
Tuesday and Thursday 11am–1pm



E-Mail counselling

SSL encrypted. Response to initial enquiry within two working days. Login at www.frabina.ch.



Individual chat consultation

SSL encrypted. By appointment.
Login at www.frabina.ch.



Video counselling

SSL encrypted. By appointment.
Login at www.frabina.ch.

Contact

frabina Kapellenstrasse 24, 3011 Bern
031 381 27 01 (Mon–Fri 10am–12pm
served) expats@frabina.ch
www.frabina.ch



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